Subject: Recruitment of Smoking Cessation Ambassadors

Dear all,

Are you looking for an opportunity to develop and practice your interpersonal skills? Would you like to participate in our smoking cessation project and promote public health for people in Hong Kong?

If your answers are yes, we welcome you to participate in the “Outreach Smoking Cessation Programme at Smoking Hotspots: The Use of Nicotine Replacement Therapy (NRT) Samples” organized by the Smoking Cessation Research Team of HKU School of Nursing and School of Public Health, and Tung Wah Hospital Groups Smoking Cessation Services. This programme aims at encouraging smokers to quit smoking and utilize existing smoking cessation services and medications more effectively.

We are recruiting post-secondary students who can speak fluent Cantonese to join our team. You will become our part-time smoking cessation ambassadors after participating in a training workshop on smoking cessation and outreach skills. The ambassadors will provide brief smoking cessation advice at smoking hotspots, and introduce and provide free NRT samples to the smokers.

Outreach activities will be organized during the daytime. Smoking cessation ambassadors can choose their working days flexibly. Moreover, we will offer an hourly rate of HK$60.

Your participation is crucial to sustain this public health initiative. It is a great opportunity for you to learn and practice your counselling skills on smoking cessation. If you like to participate, please complete the following survey and we will contact you if you are shortlisted. <https://www.surveygizmo.com/s3/4508035/Recruitment-of-Smoking-Cessation-Ambassadors>

If you have any questions, you can contact Miss Chloe LAU on 3917-6674, or lauchloe@hku.hk.

Your participation is much appreciated and will make a real difference to the community.

IRB reference number: UW 18-118

(Approved by Institutional Review Board of the University of Hong Kong/Hospital Authority Hong Kong West Cluster (HKU/HA HKW IRB))

*Please join the signatory campaign in the online platform of the Hong Kong Council on Smoking and Health (*[*http://quitters.smokefree.hk/support/*](http://quitters.smokefree.hk/support/)*) to support the campaign to ban electronic cigarettes and new tobacco products! Thank you for your support!*

戒煙大使招募

您想建立和練習人際溝通的技巧？ 您想為香港的公共衛生出一分力嗎？

如果你有以上的希望，我們歡迎你參加由香港大學護理學院，公共衛生學院的戒煙研究小組，和東華三院戒煙服務中心合辦的「吸煙熱點外展/試用尼古丁補充劑戒煙計劃」。本計劃的目的是鼓勵吸煙者戒煙，及使用有效藥物和現有服務。

本團隊現招募流利廣東話及就讀各大專院校的學生，參與免費戒煙資訊和輔導技巧的訓練課程後，成為本計劃的「戒煙大使」。戒煙大使會到全港各區的吸煙熱點為吸煙者提供簡短戒煙建議，及向他們介紹及提供免費尼古丁補充劑作為戒煙用途。

外展服務於日間時間進行，戒煙大使可以彈性選擇工作日期。我們將提供約60港元的時薪。

您的參與對於這個健康促進計劃非常重要，亦是一個學習和練習輔導技巧的機會。如對本培訓有興趣的同學請完成以下問卷，如果您被選中作為戒煙大使，我們會聯絡您。 <https://www.surveygizmo.com/s3/4508035/Recruitment-of-Smoking-Cessation-Ambassadors>

如有任何查詢，可致電3917-6674，或發電郵到lauchloe@hku.hk

聯絡Miss Chloe LAU。

您的參與將為社區帶來重大的改變。

香港大學及醫管局港島西醫院聯網研究倫理委員會 核准編號 : UW 18-118

*請參與香港吸煙與健康委員會和多個關注團體發起的簽名行動(*[*http://quitters.smokefree.hk/support/*](http://quitters.smokefree.hk/support/)*)，支持全面禁止電子煙及其他新煙草產品！謝謝你的支持！*